

April 2022



**Meals delivered
Monday, Wednesday & Friday.**

**Upon request, an
additional frozen meal will
be sent for the next day.**

Meal comes with 8 oz. low fat
milk. For those who cannot
have milk, juice can be substituted.

At this time, due to COVID 19,
meals are being
delivered by the
wonderful staff from
Central Community Transit
(CCT)

**To Order:
Call 235-5310 Ext. 219
Cost per meal is \$7.00
PLEASE NOTE:
WCI may need to make a menu
substitution if item is
not available from our vendor**

Monday, March 28	Tuesday, March 29	Wednesday, March 30	Thursday, March 31	Friday, April 1-LENT
BBQ Chicken Breast Oven Fried Potatoes Buttered Corn Fruit Dessert Bread and Milk	Delivered with Monday's Meal <i>Roast Beef, Mashed Pot, Veg</i> Frozen Dinner includes Fruit, Dessert, Bread & Milk	Tatortot Hotdish Cheese on bun sandwich Fresh Salad Chocolate chip cookie Bread and Milk	Delivered with Wednesday's Meal <i>Turkey, Stuffing, Mashed</i> Potatoes/Gravy Frozen Dinner includes Fruit, Dessert, Bread & Milk	Lemon Pepper Fish-tartar sauce Cheesy Hash Browns Broccoli Normandy Jell-O with Fruit Bread and Milk
Monday, April 4	Tuesday, April 5	Wednesday, April 6	Thursday, April 7	Friday, April 8-LENT
Buffet Ham Sweet Potatoes Green Beans Pineapple Tidbits Bread and Milk	Delivered with Monday's Meal <i>Meatballs, Mashed Pot/Veg</i> Frozen dinner includes Fruit, Dessert, Bread & Milk	Baked white fish with dill sauce Ranch potatoes Peas Lemon Dessert Bread and Milk	Delivered with Wednesday's Meal <i>Cold Dinner -Turkey Croissant</i> <i>Side of Potato Salad/Tomato Juice/</i> <i>Peaches/Rice Krispy Bar</i>	Tuna Hotdish Cooked Carrots Fruit Cocktail Chocolate Pudding with topping Pull Apart Roll/Margarine
Monday, April 11	Tuesday, April 12	Wednesday, April 13	Thursday, April 14	Friday, April 15-Sunday is Easter
Swiss Steak in Stewed Tomatoes Scalloped Potatoes Brussel sprouts Butterscotch Pudding with topping Bread and Milk	Delivered with Monday's Meal <i>Chicken in Cream Sauce, Wild rice</i> <i>blend, vegetable frozen dinner</i> includes Fruit, Dessert, Bread & Milk	Spaghetti Hotdish Corn Lettuce Salad/Western dressing Strawberry shortcake with topping Bread and Milk	Delivered with Wednesday's Meal <i>Swedish Meatballs, Mashed</i> <i>Potatoes, Vegetable Frozen</i> Dinner includes Fruit, Dessert, Bread & Milk	Egg Salad Croissant Potato Salad Fresh Fruit Cup Easter Cupcake Milk
Monday, April 18	Tuesday, April 19	Wednesday, April 20	Thursday, April 21	Friday, April 22
Country Fried Steak/gravy Oven Fried Potatoes Cauliflower in Cheese Sauce Diced Pears Bread and Milk	Delivered with Monday's Meal <i>Hamburger in Mushroom Gravy/</i> <i>Mashed Potatoes, Corn,</i> Frozen Dinner includes Fruit, Dessert, Bread & Milk	Chicken Alfredo Hotdish Green beans Mandarin Oranges Pineapple upside down cake Dinner Roll and Milk	Delivered with Wednesday's Meal <i>Meatloaf frozen dinner</i> <i>Includes potato, vegetable</i> includes Fruit, Dessert, Bread & Milk	Teriyaki Glazed Chicken Breast Rice Pilaf Peas Fruit sauce-Cooks choice Pudding with topping Bread/Milk
Monday, April 25	Tuesday, April 26	Wednesday, April 27	Thursday, April 28	Friday, April 29
Chicken Nuggets Side of BBQ Sauce Augratin Potatoes Broccoli Rice Krispy Bar Bread and Milk	Delivered with Monday's Meal <i>Pork loin, Mashed Potatoe, veg</i> Frozen Dinner includes Fruit, Dessert, Bread & Milk	Hearty Beef Stew with carrots and potatoes Biscuit/margarine Coleslaw Apple Juice Strawberry Shortcake	Delivered with Wednesday's Meal <i>Tatortot Hotdish Frozen Meal</i> includes vegetable, fruit, dessert Bread & Milk	Lasagna Carrot coins Diced Pears Frosted Brownie Bread and Milk