

**WILLMAR MEALS ON WHEELS PROGRAM**  
**PROVIDED BY WEST CENTRAL INDUSTRIES (WCI)**  
**We can be reached at 235-5310 ext. 219**



**Effective October 1, 2021 the price per meal - \$7.00**

Meals on Wheels are nutritious home-delivered meals available for persons who are unable to cook for themselves due to their age, disability, illness, or recent release from the hospital.

Meals are prepared at West Central Industries' Nutrition Services Department and delivered by volunteers on Mondays, Wednesdays and Fridays. Frozen dinners are available for Tuesdays and Thursdays and are delivered the preceding day. Meals will be delivered between the hours of 10:45 and 12:00 noon. **There are dates around holidays that Meals on Wheels will not be available and are listed on the back of this sheet. Participants may order sack or frozen meals to cover days that meals will not be sent out.**

Menus will be sent with your meal. They are also printed in the Wednesday West Central Tribune or can be found on the WCI website [www.wcimn.org](http://www.wcimn.org). In the event of inclement weather, please listen to KWLM or Q102 for cancellation of meal delivery.



When West Central Industries is closed and a participant needs more than a noon meal, (such as an evening meal or extra meals) two options are offered and can be sent with the regular meal:

1. **Sack Meal:** These meals contain a sandwich, two side dishes, and a choice of milk or juice.
2. **Frozen Meal:** These are home cooked meals that are sent frozen and can be heated in meal participant's oven. These frozen meals include entrée, vegetable, side dish, bread, margarine, and milk or juice. Baking instructions are included.



**All meals must be ordered or cancelled by 1:00 p.m. the weekday before it is needed or not needed.** In the event of medical appointments or an emergency, meals may be canceled by 9:00 a.m. the day of meal service by dialing 235-5310 Ext. 219. **If any meal is cancelled after 9:00 a.m., participants will be billed for this meal.**

If a meal has been ordered and you are not home when the driver arrives, you are billed for the meal. Please plan ahead. **If you know you will not be home but want the meal left at your home, please tape written instructions on your door so the volunteer driver will know what to do with the meal.** If instructions are left, WCI will not try to reach the emergency contact.

To sign up for meals, call **235-5310 Ext. 219** or 0 for the operator. WCI Food Service staff will complete an intake form over the phone. WCI staff may do home visits, if necessary, to determine if there is a need for meals.



**All participants must list an emergency contact to receive meals.**

**There is no meal service on the following holidays. (Note: if a holiday lands on a Saturday, no meals served the Friday before. If holiday lands on a Sunday, no meals served the Monday after):**

New Year's Day  
Good Friday  
Memorial Day  
Fourth of July  
Labor Day  
Thanks giving Thursday AND the Friday After  
Christmas Day

On Christmas Eve, a brunch menu is served and meals are sent out one hour earlier.

*Frozen & Sack Meals are available! Please order ahead.*

**Billing:** All Meals on Wheels bills are due upon receipt. Persons who have not paid their Meals on Wheels bill by the 15<sup>th</sup> of the following month may be asked to prepay for any meals needed in the future, after the outstanding balance is paid. Meal service may be stopped until outstanding balances are paid.

Some meal participants receiving meals under a Waivered Service through the county may be subject to spend downs. Depending on all services they may be receiving, the spend down can sometimes be applied to Meals on Wheels and the individual is responsible for the payment determined by the state.

**Cost Per Meal: \$7.00**

**WCI RESERVES THE RIGHT TO REFUSE MEAL SERVICE IF PAYMENT IS NOT MADE.**

**Payment can be made the following ways:**

- \$** Check to West Central Industries can be sent via US mail. Our address is West Central Industries, Inc. PO Box 813, Willmar, MN 56201. Please write Meals on Wheels on the lower left corner of your check.
- \$** Check or cash can be dropped off at the WCI office (8:00 am to 4:00 pm, Monday through Friday) located at: 1300 SW 22<sup>nd</sup> Street – Willmar, MN 56201.
- \$** Persons who cannot afford meals may contact Kandiyohi County Social Services to see if they qualify for assistance before they begin to receive Meals on Wheels (231-7800).
- \$** Gift certificates are available at West Central Industries' office. Anyone may purchase those for persons receiving Meals on Wheels.

